Get In Touch With The Guidance Within

EVA GREGORY·

Material possessions and money are simply another manifestation of the energy of the Universe. How much of that flows to you is determined by what you create. The more that you practice conscious creation, the more you will be in control of how the energy of the Universe flows to you. And one of the keys to that type of practice is learning to get in touch with your Inner Guidance.

Your Inner Guidance is that part of your consciousness which is always connected to the infinite and the eternal. The other part of your consciousness is your ego consciousness which is concerned with the day-to-day reality. It holds your ego personality and is very much connected to the physical world.

The more that you can get in touch with your Inner Guidance, the more you open yourself to the infinite love, compassion and wisdom that is always present.

In addition, the Inner Guidance can help shed light on thoughts and behavior that are limiting you from manifesting your true desires and what you really want to create in your life.

And as you recognize these negative patterns, your Inner Guidance will help you liberate yourself from the constraints that these negative thoughts, emotions and behaviors have had on you.

Because it is a part of you, Inner Guidance is always present, waiting to be called and is always there for you to tap into. Anything that you truly desire can be manifested by connecting to your Inner Guidance and using that energy to create the reality that you want. Because it is a part of you, it is actually very easy, with a little practice, to get in touch with your Inner Guidance. It is always waiting with love and compassion to guide you and help fill you with the wisdom, warmth and love of the infinite Universe.

The most common way to get in touch with your Inner Guidance is through meditation. By meditating you quiet your ego mind and open yourself up to the Inner Guidance.

Don't worry if it seems like nothing is happening, especially in the beginning. The moments that you quiet your mind will be brief, but the longer you practice the longer the quiet moments will be.

Even the most brief instance of a quiet mind will have profound results because your Inner Guidance is shining and illuminating the way for you. And the more you practice the more light you will let in.

The key is to practice on a regular basis because the more that you practice and get in touch with your Inner Guidance, the more open you will be to that energy flowing into and enlightening you.

It is only through this type of practice that we can truly get in touch with our Inner Guidance.

Because the Inner Guidance cannot be thought of in rational terms there are no words to really describe the Inner Guidance. And because it is beyond our physical reality and is part of the infinite, eternal Universe of energy, the only way to truly experience it is to be in touch with that energy.

Once you experience it, you feel its full power and the light, the love, the wisdom of the Universe are all part of you through your Inner Guidance.

Your Inner Guidance is your direct connection to the Source energy of the Universe. All knowledge, wisdom, love and compassion exist in this eternal continuum. The more you

learn to quiet your mind and clear yourself of negative thoughts the more open you will be to this fountain of wisdom that resides within you at all times.

Through your Inner Guidance you can overcome the limitations and blocks that your ego personality place in front of you. Your Inner Guidance knows that these are illusions and that your unlimited capacity to abundance and prosperity are at your fingertips.

You can ask your Inner Guidance for guidance and help in realizing your true goals and dreams. It can open your heart and allow you to be more loving to yourself and to others.

Your Inner Guidance can shed wisdom on any problems you might have around relationships, money or your business. The light of the Inner Guidance will help you in any situation that is blocking you.

In addition, it can help you overcome the fear that change sometimes brings about, which can also be a block to you creating new realities.

And Inner Guidance can provide you guidance on what the steps are that you need to take to realize all of these new realities that await you.

Your Inner Guidance is the source of unending love, compassion and wisdom. To tap into it, quiet your mind and experience the eternal light shining.

Discover How to Tap Into Inner Guidance for Business Success - The Critical Missing Piece That Will Transform Your Business From Stressful to Successful here.